

**PATIENT UPDATE**

Name \_\_\_\_\_ Date \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home phone \_\_\_\_\_ Cell \_\_\_\_\_ Work \_\_\_\_\_

E-mail address for appointment reminders \_\_\_\_\_

Purpose of this appointment today \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Specific reason for break in care (No pain, just had a baby, illness, travelling, etc.):

\_\_\_\_\_

\_\_\_\_\_

Is this the same problem you were originally under care for?      ( ) Yes      ( ) No

If yes, are there any new symptoms? \_\_\_\_\_

Other doctors seen for this condition: \_\_\_\_\_

What medications or drugs are you taking? \_\_\_\_\_

Current Height \_\_\_\_\_ Weight \_\_\_\_\_ Shoe size \_\_\_\_\_

**Current Insurance Information:**

Insurance Company \_\_\_\_\_

Phone number \_\_\_\_\_

ID number \_\_\_\_\_

Subscriber Name (self/spouse/parent) \_\_\_\_\_

**\*\*\* PLEASE COMPLETE OTHER SIDE \*\*\***

## PATIENT UPDATE

1. What is your major symptom? \_\_\_\_\_
2. On a scale of 1-10 (10 being the worst) please rate your pain:  
Currently \_\_\_\_\_ At its best \_\_\_\_\_ At its worst \_\_\_\_\_
3. When was the first time you noticed this problem? \_\_\_\_\_  
How did it originally occur? \_\_\_\_\_  
Has it become worse recently? Yes \_\_\_ No \_\_\_ Same \_\_\_ Better \_\_\_ Gradually Worse \_\_\_  
If yes, when and how? \_\_\_\_\_
4. How frequent is the condition? Constant \_\_\_\_\_ Daily \_\_\_\_\_ Intermittent \_\_\_\_\_ Night Only \_\_\_\_\_  
How long does it last? All Day \_\_\_\_\_ Few Hours \_\_\_\_\_ Minutes \_\_\_\_\_
5. Are there any other conditions or symptoms that may be related to your major symptom?  
Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, describe \_\_\_\_\_  
Are there other unrelated health problems? Yes \_\_\_\_\_ No \_\_\_\_\_ If yes, describe \_\_\_\_\_
6. Describe the pain: Sharp \_\_\_\_\_ Dull \_\_\_\_\_ Numbness \_\_\_\_\_ Tingling \_\_\_\_\_ Aching \_\_\_\_\_  
Burning \_\_\_\_\_ Stabbing \_\_\_\_\_ Other \_\_\_\_\_
7. Is there anything you can do to relieve the problem? Yes \_\_\_ No \_\_\_ If yes, describe \_\_\_\_\_  
\_\_\_\_\_. If no, what have you tried to do that has not helped? \_\_\_\_\_  
\_\_\_\_\_
8. What makes the problem worse? Standing \_\_\_\_\_ Sitting \_\_\_\_\_ Lying \_\_\_\_\_ Bending \_\_\_\_\_  
Lifting \_\_\_\_\_ Twisting \_\_\_\_\_ Other \_\_\_\_\_
9. Have you had any broken bones? Yes \_\_\_ No \_\_\_ If yes, please list and give dates \_\_\_\_\_  
\_\_\_\_\_
10. List any major accidents you have had other than those that might be mentioned above: \_\_\_\_\_  
\_\_\_\_\_
11. To your knowledge, have you had any diseases, major illnesses, or injuries not indicated on this  
form either in the past or the present? Yes \_\_\_ No \_\_\_ If yes, please explain \_\_\_\_\_  
\_\_\_\_\_
12. WOMEN ONLY: Are you pregnant or is there any possibility you may be pregnant?  
Yes \_\_\_\_\_ No \_\_\_\_\_ Uncertain \_\_\_\_\_ Expected Due Date \_\_\_\_\_
13. Remarks: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient's Signature \_\_\_\_\_ Date \_\_\_\_\_

Doctor's Signature \_\_\_\_\_ Date \_\_\_\_\_